

OUHSC Graduate College Mentoring Plan/IDP

Purpose

- Encourage all OUHSC graduate students to develop an Individual Development Plan (IDP) and fulfill the National Institutes of Health requirement for graduate students funded by an NIH grant.
- Facilitate the mentoring and training of graduate students by OUHSC faculty members.
- Promote the training of graduate students in hypothesis-driven research and to identify and achieve career goals in a variety of occupations.
- Facilitate the successful completion of a graduate degree in a timely manner.
- Encourage faculty mentors to document student progress and outcomes.

Policy

- This plan is required for all doctoral graduate students in the following programs; Biochemistry and Molecular Biology, Cell Biology, Microbiology and Immunology, Neuroscience, Pathology, Pharmaceutical Sciences, Physiology.
- Other programs may elect to require this mentoring plan for their graduate students.
- Graduate students should complete the “myIDP” online assessment prior to acceptance of stipend or support from an NIH grant to mentor or student. If not funded by NIH, an IDP must be part of the student’s annual departmental review or the student’s first committee meeting following their admission to doctoral candidacy.
- Students will utilize the Graduate College IDP Guide to discuss career goals with their mentor(s).
- The IDP Guide must be updated each year.

Instructions

- Students will set up an account and develop an IDP using the Science Careers myIDP Program found at <http://myidp.sciencecareers.org>.
 - Complete Self Assessment
 - Identify strengths, weaknesses, and values
 - Explore Career Options
 - Set Goals
 - Implement Plan
- Using the information obtained from their myIDP account, students will fill out the Graduate College IDP Guide.
- Students will discuss the contents of the Graduate College IDP Guide with their mentors.
 - Students may make changes to their Graduate College IDP Guide following meeting with mentor
 - Students will continue to meet with their mentors once a year to discuss and update their Graduate College IDP Guide until completion of their graduate degree
- Program Directors or Graduate Liaisons will check a box on the Graduate College annual evaluation form to confirm that the IDP has been completed and discussed with the mentor.