

National Postdoc Appreciation Week September 20-24, 2021



Come celebrate a great week of being a postdoc at OUHSC!

Mon, 9/20: Pick up your breakfast & gift from the OUHSC PDA!

- ❖ **Rise & Shine Breakfast** → Library Patio-North Side, 8:30 am - 10:30 am
*RSVP Your Meal Choice @: https://doodle.com/poll/x372nb47t3agp9wt?utm_source=poll&utm_medium=link
- ❖ **Gift Bags Pick-up** → Library Patio, 8:30 am - 10:30 am

Tue, 9/21: Receive your Grab & Go Boxed Lunch & learn about non-academic careers!

- ❖ **Grab & Go Boxed Lunch** → Library Patio, 11:00 am - 1:00 pm
*RSVP Your Meal Choice @: https://doodle.com/poll/x372nb47t3agp9wt?utm_source=poll&utm_medium=link
- ★ **Seminar: "PhD Careers Panel"** → Zoom, 2:00 pm - 3:00 pm
Zoom link: <https://zoom.us/j/96235735883?pwd=bi9hUWovVEtXbDJSampWa1dTOWVRQT09>
Zoom Passcode: **50087008**

Wed, 9/22: Pick up a Lunch & learn about non-academic careers from OUHSC alumni!

- ❖ **Grab & Go Boxed Lunch** → Library Atrium, 11:00 am - 1:00 pm
*RSVP Your Meal Choice @: https://doodle.com/poll/x372nb47t3agp9wt?utm_source=poll&utm_medium=link
- ★ **Seminar: "PhD Careers Panel-Alumni Edition"** → Zoom, 2:00 pm - 3:00 pm
Zoom link: <https://zoom.us/j/99893063096?pwd=S0UxQnRlBENaT0p2dFR1MWhiNVR6QT09>
Zoom Passcode: **53072363**

Thu, 9/23: Rest & Relaxation Day! Come take a break with us!

- ❖ **De-stress Stations** → Library Atrium, 2:00 pm - 5:00 pm
*Snacks, 5-Minute Massages, Therapy Dogs
- ❖ **Evening Yoga** → Library Patio-North Side, 6:00 pm - 7:00 pm
*Bring your own yoga mat or towel

Fri, 9/24: Attend Our Closing Seminar to Learn about The Faculty Interview Process!

- ★ **Seminar: "Faculty Interviews: If I had to do it over..."** -Dr. Kevin Fuller, Asst. Professor
*Featuring a word from the Oklahoma City Innovation District
→ Zoom, 12:00 pm - 1:00 pm
Zoom link: <https://zoom.us/j/91509587572?pwd=RVRINmorYkZsaE1DeHFBWFVXbENsZz09>
Zoom Passcode: **41147693**
- ❖ **Grab & Go Snacks, Gift Bags Pick-up** → Library Atrium, 2:00 pm - 5:00 pm