

**Description of the use of IDP's by OUHSC Graduate Students
and Postdoctoral Fellows
(for section B.4 of NIH Research Performance Progress Reports
and other grant applications)**

The University of Oklahoma Health Sciences Center Graduate College and Office of Postdoctoral Affairs have established a Mentoring Policy that requires all graduate students and postdoctoral fellows supported by NIH awards to develop and use Individual Development Plans (IDPs). Graduate students and postdoctoral fellows use the Science Careers "myIDP" Program (<http://myidp.sciencecareers.org>) to create and update an IDP and they must discuss it with their mentors on an annual basis. Records of completion of IDPs signed by the mentor are placed in the graduate student and postdoctoral fellow file and the Graduate College is notified that this has been done at the end of each academic year. To further assist with career planning, OUHSC offers several workshops throughout the year that are available to all graduate students and postdoctoral fellows.